

Program Session #1: Thursday, November 4, 10:50-12:00

1 Supporting the 1.7 Million: A PSC's Guide to Military Deployment

This session will be an exploration of the importance of a school-wide initiative to support military students and families during all deployment phases. We will take a look into strategies, interventions, awareness, collaborative efforts, as well as advocating for this population.

Shelbie K. Ely, Sarah R. Bole and Sarah E. Collins, Graduate Students, Appalachian State University

10:50am-12:00pm

Arrowhead

All Levels

2 Fun & Simple Ways to Use Data with Individual Counseling and Classroom Guidance

Data doesn't need to be difficult or boring. Learn creative and simple ways to chart student progress to identify current strengths and desired areas to improve. Students need support, but they also need to be held accountable. Reproducible handouts will be provided to use with guidance lessons and individual counseling.

Scott N. Ertl, School Counselor, Ward Elementary School

10:50am-12:00pm

Victoria C

Elementary

3 Bullying in the Girl's World: Prevention and Intervention

Creative strategies and activities will be shared on integrating and emphasizing Relational Aggression (Girl Bullying) prevention/intervention strategies in a School-Wide Bullying Prevention Program. It is important for all in the school system-students, staff, and parents-to speak the same language of girl bullying in order to effectively reach and teach. Information will be shared on teacher/staff training, school-wide activities, class lessons, small group sessions, and individual counseling strategies. Come join the session as we discuss effective strategies to support our young girls.

Diane S. Senn, School Counselor, Crowders Creek Elementary School, Clover School District, SC

10:50am-12:00pm

Auditorium 2

Elementary/Middle

4 Help your Students become a STAR student

Having trouble motivating students to complete their homework? The STAR program is successful. The principles of the "Success through Academic Responsibility" (STAR) program put the academic responsibility back on the student, where it belongs. Find out how you can transform your unmotivated students into STARS.

Julienne Cook and Carol Eaker, School Counselors, Weddington Middle School

10:50am-12:00pm

Auditorium 3

Middle

5 Student-Teacher Mentor Program in a Magnet Elementary School

This session will describe the in-school teacher/student mentoring program at Underwood Gifted and Talented Magnet Elementary School. The data driven program was created four years ago using behavioral student data and has demonstrated positive outcomes for students. Students with mentors build dependable and trusting relationships that promote personal/social development.

Anastasia M. Judge, School Counselor, Underwood Elementary School and Alexandria E. Judge, IRT/Magnet Coordinator, Wake County Schools

10:50am-12:00pm

Auditorium 4

Elementary

6 Hip-Hop 101: A crash course in the culture and affect of rap music

Rap music and the hip-hop scene is the most culturally powerful movement of any genre. The music, fashion, language and industry have expanded to the point of being a brand name all in itself. This session will serve as a crash course for counselors to get familiar with all things hip-hop and understand the important affect this culture has on our students.

Michael D. Marshall, School Counselor, Reidsville High School

10:50am-12:00pm

Augusta

Middle/High

7 NCAA Eligibility Center: The Latest and Greatest in the World of Initial Eligibility

We'll review newly adopted NCAA initial eligibility legislation, changes to the website, and what students can expect when they register in the upcoming year. The main discussion will be centered around the changes to the way non-traditional coursework (online courses, NovaNet, Plato, etc.) is reviewed, students with learning disabilities, repeating courses, best practices and more.

Heather M. Lyerly, Assistant Director, ASPSA

10:50am-12:00pm

Biltmore

High

8 Expressive Arts: A Creative and Practical Approach to School Counseling

This presentation will focus on practical activities that can be used with all age groups in individual, small group and classroom settings.

Sandra S. Ruppert, School Counselor, Green Valley and Pegge Delaney Laine, Retired School Counselor and Candidate for Expressive Arts Certification through Appalachian State University

10:50am-12:00pm

Cedar

Elementary/Middle/High

9 Answering the Call for Leadership in School Counseling: Your Role

Name a leadership style. Stumped? You are expected to demonstrate leadership as a School Counselor as defined by DPI and ASCA. Do you know what leadership is? Can you define it? More importantly-can you demonstrate it? By session end, the answer will be, "Yes I Can!!!"

Eric J. Chancey, School Counselor, Apex High School

10:50am-12:00pm

Grandover East

High

10 Preparing and Applying for the NCE and LPC

This program will present the process of obtaining North Carolina's Licensed Professional Counselor (LPC) credential. This process and potential problems of obtaining this credential will be covered. The standards as provided by the LPC Board will be covered. Study materials will be presented and described. Audience participation is encouraged.

Dr. Joseph C. Ciechalski, Professor, East Carolina University and Dr. Florence S. Weaver, Professor, East Carolina University

10:50am-12:00pm

Grandover West

All Levels

11 Differences between Teachers' and Parents' Perceptions on Parental Involvement and the Achievement Gap

Parental involvement and its relationship to the achievement of students is a central focus in educational research. This presentation discusses results of a study exploring parents' and teachers' perceptions of parental involvement and the achievement gap. Attendees will learn approaches of involving parents and strategies for closing the achievement gap.

Kristen E. Newitt, School Counselor, Westover High School and Dr. Dana Griffin, Assistant Professor, University of North Carolina, Chapel Hill

10:50am-12:00pm

Guilford F

Elementary/Middle/High

12 Tipping the Scales: Weighing in on Healthy Eating and Exercise

The presentation will focus on the behavioral and cognitive aspects of eating and exercise. Personal attitudes that may enhance/inhibit students' success in dealing with health and wellness issues will be discussed. Collaborative approaches for utilizing practical strategies with school staff will be presented. Handouts will be provided.

Martha C. Rhyne-Winkler, School Counselor, West Alexander Middle School and Meredith Owens, School Nurse, West Alexander Middle School

10:50am-12:00pm

Oak

Elementary/Middle

12 What your Students Need to Know About Junior Year

This presentation covers a broad spectrum of college prep considerations, including course instruction, standardized testing, leadership/activities and letters of recommendation. Attention is given to exploring colleges to find the right “fit.” Handouts aid students in planning their junior and senior years and identifying strengths and weaknesses as college applicants.

Jessica M. Crum, Guidance Director, Gray Stone Day School (Charter), Stanley County

10:50am-12:00pm

Guilford G

Middle/High/Post Secondary

13 Activities for Career Self-Discovery

Career counseling is an integral component of professional school counseling. This presentation will focus on experiential activities to encourage and assist students in the process of self-discovery.

Laurie L. Williamson, Professor, HPC

10:50am-12:00pm

Tanglewood

High/Post Secondary

14 Music Awareness: How Music Affects the Culture of School

This will be an interactive program that incorporates samples of music lyrics for group discussion. This program is rated R due to the themes presented and adult content contained in presentation material. Attendee discretion is advised.

Jason R. Whisnant, Graduate Student, Gardner Webb University

10:50am-12:00pm

Tidewater

Elementary/Middle/High

15 The Comprehensive School Counseling Program: A Data Driven System

This session will provide a practical way to analysis and use school data to inform continuous school improvement planning from the school counselor’s perspective. The North Carolina Professional School Counseling Standards and the comprehensive school counseling program will serve as a framework for implementing data driven decisions.

Teresa A. Smith, Cultural Linguistic Competency Coordinator, Alamance Burlington School System and Carmella Fair, Secondary Math Consultant, NC Department of Public Instruction

10:50-12:00pm

Pebble Beach

Elementary/Middle/High

15 RTI for Counselors: Our Part in the Process

To some counselors RTI is overwhelming; others may find it just confusing. This presentation will seek to “demystify” RTI and give suggestions on how school counselors can be a part of its implementation at their school.

Susan B. Westbrook, School Counselor, Sedgfield Elementary School

10:50am-12:00pm

Victoria A

Elementary/Middle

16 Financial Aid 101

This session will provide counselors with the basics of financial aid. Knowing the basics will allow counselors to better inform and guide students in the process to obtain funding for their educational endeavors.

Monty K. Hickman, Director of Financial Aid/Minority Male Mentoring, NC Community College System

10:50am-12:00pm

Victoria B

All Levels

Program Session #1: Thursday, November 4, Extended 10:50-1:00

17 Learn and Earn Online: Right Education, Right Student, Right Time

Over 27,000 college courses have been taken through Learn and Earn Online, saving parents millions in tuition and opening college doors for those previously without options. Learn about this collaboration among K-12, UNC, and NCCS. LEO allows students to graduate from high school with college credit or associate's degree.

Deborah P. Pedersen, Chief Learn and Earn Online Officer, NC Virtual Public School, Dr. Beth Boyett, Director, UNC Greensboro, iSchool and Antonio Jordan, Director High School Programs, NC Community College System

10:50am-1:00pm

Guilford D

High

18 Incorporating Sign Language into Counseling/Guidance Lessons

You don't have to be a Child of a Deaf Adult nor an interpreter only willing to learn. Incorporating Sign Language lessons into your program stimulates the brain activity, learning involvement and retention of lessons. In this workshop you will be given two practical and easy, ready to use lessons.

Nicole O. Thompson, School Counselor, Brogden Primary

10:50am-1:00pm

Sandpiper

Elementary

Program Session #2: Thursday, November 4, 12:20-1:30

19 Cookie's Transition to Kindergarten

Research indicates that while children need to be ready academically and socially for kindergarten, schools too need to be ready to receive children of all developmental levels. In this session, we'll share hands-on activities for facilitating a smooth start to kindergarten for children and their families.

Dr. Lisen C. Roberts, Program Director, Western Carolina University and Jessica Luke, Graduate Student, Western Carolina University

12:20-1:30pm

Arrowhead

Elementary

20 Learn How to Use Data When Facilitating & Evaluating Counseling Groups

Data-driven small group counseling sessions provide customized curriculum to use and monitor for effectiveness. Administrators and teachers are more supportive of scheduling group counseling when they see data that demonstrates growth and improvements. Reproducible handouts will be available for 5 different counseling groups (Friends, Divorce, Study Skills, Death, and Wellness.)

Scott N. Ertl, School Counselor, Ward Elementary School

12:20-1:30pm

Victoria C

Elementary

21 Spectacular Guidance Activities for Kids

You're invited to come explore a variety of activities across our domains that are fun, creative, and easy to use. The activities can be utilized in class lessons, with individuals, in small groups, and in some cases can be shared through school-wide programs. One of my favorite activities in the career domain we'll review is the Career Village. The Career Village is a unique, simple approach of student involvement in career awareness introducing the 16 career clusters. We'll review brief activities from the Academic domain as well as the Problem Solving Pond from the Personal/Social Domain that lays the foundation for problem solving steps and skills. Come join me as we add creative approaches to our program to reach and teach our young people.

Diane S. Senn, School Counselor, Crowders Creek Elementary School

12:20-1:30pm

Auditorium 2

Elementary

22 How to Become WISE with NC WISE

NC Wise, which stands for the North Carolina Window of Information on Student Education, offers unprecedented opportunities for local educators to use technology to help them make better instructional decisions in their schools. Come hear about the exciting reports that you can create with just a few easy keystrokes on the computer. Reports such as student attendance summaries, transcripts, F-lists, birthday reports and more will be demonstrated in this session. You will walk away with step-by-step instructions on how to create these reports and the confidence to share with others when you return to your school! We promise you will walk away from this session feeling “WISE” about using NC WISE.

Judy C. Cohen, Dean of Students, Knightdale High School, Portia B. Lambright, Senior Administrator, Counseling and Student Services, Wake County Schools and Nartarshia Sharpe, Student Assistant Program Coordinator, Panther Creek High School

12:20-1:30pm

Auditorium 3

High

23 Creative Ways to Prepare K-12 Students for College

Play a role in Financial Aid Theater! Win prizes playing 529 Bingo. Learn the financial benefits of college in “Show Me the Money!” Join this interactive session to have fun, learn about free tools, creative workshops, lesson plans and how to contact your local CFNC regional representative to get started.

Mary Lane Smith, Regional and Community Services Director, CFNC

12:20-1:30pm

Auditorium 4

All Levels

24 Spirituality: Re-establishing emotional balance in the aftermath of trauma

The experience of a traumatic event can wreak havoc on a child’s emotional equilibrium severely impacting his/her psychological well-being and overall sense of safety. This presentation will explore current research on spirituality as an effective resource utilized by school counselors in helping children to restore emotional balance after experiencing trauma.

Dr. Shirlene D. Augustine, Assistant Professor, North Carolina A & T State University and Michelle Gallimore, Graduate Student, North Carolina A & T State University

12:20-1:30pm

Augusta

All Levels

25 Exploring Ways to Reduce Racial Conflict in Public Schools

“If it looks like racism and sounds like racism, what’s a counselor to do?” The potential for racial conflict exists in our public schools; however, we are reluctant to discuss racism. The purpose of this presentation is to consider how culture and lifestyle affect behavior and may lead to racial conflict.

Dianne W. Wright, School Counselor, Woodlawn Middle School

12:20-1:30pm

Baltimore

Middle

26 "Move Forward with the Model!" Support for Getting RAMPed

Learn about how NCSCA will offer financial and other support to school counseling programs who wish to apply for initial RAMP certification. Get tips and other suggestions for completing all sections of the application. This session is a part of NCSCA’s “Moving NC Forward” initiative to increase the number of nationally recognized school counseling programs in the state.

Deirdra C. Williams, Dean of Students and NCSCA President, Heritage High School

12:20-1:30pm

Cedar

Elementary/Middle/High

27 TAG! You're IT! A Team Approach for Working with Students

We will examine utilizing a tag team approach when working with students. We have found this approach successful in working with various students, especially Native American students. We will share data, personal stories, and ideas to promote and strengthen your school counseling program.

Heather C. Bullock, School Counselor and Jolene Sneed, School Social Worker, Smokey Mountain Elementary School

12:20-1:30pm

Grandover East

Elementary/Middle/High

28 SAFE Schools: Information for School Counselors to HELP GLB Students

GLB (gay, lesbian, bisexual) students in K-12 settings still face harmful discriminatory practices and bullying on the basis of their sexual identity. To help foster safe learning environments for all students, this presentation provides information for school counselors to increase cultural competency and develop awareness of concerns GLB students face.

Dr. Kylie P. Dotson-Blake, Assistant Professor, East Carolina University

12:20-1:30pm

Grandover West

Middle/High

29 Is Your Well(ness) Dry? Refill with Classroom Guidance Activities!

While counselors promote wellness among their students, it is easy for their own well(ness) to dry up as they face numerous demands in their schools and personal lives. Counselors can refill their well(ness) by borrowing ideas from classroom guidance lessons, some of which will be shared in this session.

Dr. Tonya M. Jasinski, Clinical Assistant Professor, University of North Carolina, Chapel Hill, Lisa Thomson, Sarah Trumble and Keneisha Quick, Graduate Students, University of North Carolina, Chapel Hill

12:20-1:30pm

Guilford F

All Levels

30 Pulling the Trigger: TEXTING

One of the greatest threats to student achievement today is the turmoil and torment caused by texting behavior. Current research into the six main types of texting do's don'ts, and double don'ts will be presented, along with some workable solutions that are crucial right not.

Dr. Erika S. Karres, Retired Assistant Professor and Teacher, University of North Carolina, Chapel Hill and Orange County High School and Liz Hounshell, RN and PTA Representative for Wakefield and Millbrook High Schools

12:20-1:30pm

Guilford G

Middle/High

31 Creating balance: Becoming a more effective counselor using the National Model

Your "To Do List" is long, but how do you make time for everything? We will briefly highlight several strategies using National Model Tools to assist with better organization. See how to use a weekly calendar, collect data each quarter, and use a survey to plan for the future.

Wanda M. Moore, School Counselor, Martin GT Magnet Middle School and Tinger Purvis, School Counselor, Zebulon GT Magnet Middle School

12:20-1:30pm

Oak

Middle

32 Understanding Test Anxiety and Math Anxiety

Address the impact test anxiety and math anxiety can have on students. Examine researched-based practices aimed at improving student outcomes both in school counseling programs and the classroom. Discover practical, effective interventions you can immediately implement upon returning to your school!

Sharon Wisinger, School Counselor, Camden County High School, Cam Tech High School and Dr. Nina Brown, Professor, Old Dominion University

12:20-1:30pm

Pebble Beach

High

33 College Advising 101

College advising is an integral part of a successful high school counseling program. The challenge, however, is that training for college advising is not readily available. In fact, most training is learned “on the job.” In this session, learn what components need to be a part of a successful school counseling college advising program and how to provide solid college advising to students from all backgrounds. A variety of tools to assist with college advising will be explored.

Grant Sparks, Director of School Counseling, Gaston County, Ami Parker, School Counselor, Highland School of Technology, Shelley Collins, School Counselor, South Point High School

12:20-1:30pm

Tanglewood

Middle/High

34 Connecting with Students in High Schools- Yes it is Possible!

How do you find the time to incorporate student programs into your school? One step at a time! This presentation will be interactive with activities you can use in a large or small high school.

Taletha M. Tucker, School Counselor, Union County Early College

12:20-1:30pm

Tidewater

High

35 "Backpacks and Diaper Bags" Groups for Teen and Expecting Moms

Motherhood does not come with a handbook. Women spend a great deal of time learning how to be a great mom. Whether you are learning how to breastfeed, wading through a sea of infant accessories on a budget, or discovering the changes in your body; moms need knowledge, support and guidance. Support groups with an education piece are key to keeping teen moms in school through graduation. We will cover lesson plans, resources, and advise for running groups.

Melanie E. Parham, School Counselor, T.C. Roberson High School

12:20-1:30pm

Victoria A

High

36 Boot Camp Follow Up

This is an opportunity to ask questions or consult about topics that participants may not have been able to discuss during the Boot Camp. Participants will have an opportunity to follow-up and receive feedback from the presenter about additional ways to organize their comprehensive school counseling programs.

Dr. Reneé Evans, Owner, R. Evans Professional Development Consultation, Inc.

12:20-1:30pm

Victoria A

All Levels

Program Session #3: Thursday, November 4, 1:50-3:00

37 Innies in an Outtie World: Supporting our Introverted Students

From how they learn, to staying motivated, to socializing, introverted children are hard-wired to have temperaments that are incongruent with the hustle and bustle of traditional school children, as well as the common classroom pitfalls they face. Participants will learn strategies to help introverted students feel more understood and successful in school.

Melissa S. Denney, School Counselor, Hillsborough Elementary School

1:50-3:00pm

Arrowhead

Elementary/Middle/High

38 Energize your Middle School Counseling Program

Energize your counseling program with new ideas and ways to upgrade existing programs with this select of middle school counselor-created and implemented ideas for groups, the entire students body, and parents.

Arden L. Martenz, Retired Counselor and President, Marco Products

1:50-3:00pm

Victoria C

Middle

39 Internet to Enhance your School Counseling Program

The internet is a valuable educational and communication tool for school counselors. From Google, to Facebook, to Twitter-this session will teach you how to easily find lesson plans, resources, college planning tools, group curriculums, and communication techniques-all for free!

Julia Taylor, School Counselor, Apex High School

1:50-3:00pm

Auditorium 2

All Levels

40 Booster Program: A Drop Out Prevention Program Aimed at Closing the Achievement Gap

The counselors from the Booster Program in the Wake County Public School System will present information and updated data regarding the successful program which has been in existence for three years. The Booster Program is an accelerated curriculum program designed to give overage 7th and 8th grade students an opportunity to catch up academically. The program is designed to promote mastery of the Standard Course of Study and prepare the students for high school after one semester.

Fran Hughes, School Counselor, Mt. Vernon Middle School and Jennifer Clifton, School Counselor, River Oaks Middle School

1:50-3:00pm

Auditorium 3

Middle

41 Access the Power: Building Bridges between Parents and Teenagers

School counselors are challenged to understand the needs and concerns of both students and parents. Parents are powerful forces in a student's life yet represent potentially the most complicated and volatile relationship. This session will address the challenges faced and practical steps enabling parents and students to connect/reconnect.

Joanna Refvem, Licensed Professional Counselor, Choices Counseling & Resource Center, PA

1:50-3:00pm

Auditorium 4

Middle/High

42 Do your Students CARE? (Compassionate Activities = Rewarding Experiences)

Discover how easy it is to start a CARE club! Hear from students on how CARE has changed their outlook on life! Educate your teachers on linking service learning across the curriculum and locate grants for funding your projects. Want the local media to feature YOUR next idea? Show you CARE!

Kelly A. Ingram, School Counselor, NBPTS and Christina Robinson, Kindergarten Teacher, Principal Intern, Vandalia Elementary School

1:50-3:00pm

Augusta

Elementary/Middle/High

43 Connecting Careers and the Community

Expose elementary students to career options and opportunities through a career day. Take home suggestions for incorporating career day into a full career unit (with technology, interest inventories, and more). This session provides attendees with handouts and ideas for planning a successful career day at your school.

Emily C. Brown, School Counselor, Sherwood Elementary

1:50-3:00pm

Biltmore

Elementary

44 Puppets, Games, Magic and More: Having Fun in the Classroom!

Hear about how an elementary school counselor uses puppets, some favorite games and magic tricks to liven up classroom lessons. Demonstrations, sample activities and handouts will be provided. Come ready to laugh!

Anne M. Caudill, M.Ed., N.B.C.T., School Counselor, Laurel Hill Elementary School

1:50-3:00pm

Biltmore

Elementary

45 Stages of Addiction: How do we know when a Student is in Trouble

Participants will learn: Characteristics of addictive disease, signs and symptoms of the disease, the four stages of addictive disease and the mood chart

George P. Greger-Holt, Director of Student Support Services, Chatham County Schools

1:50-3:00pm

Grandover East

Middle/High/Post Secondary

46 Response to Instruction (RtI): The School Counselor's Role

Join us as we share how our school and district has implemented the education initiative that is sweeping the nation in an effort to help struggling learners. We'll talk specifically about the professional school counselor's role within RtI as it aligns with the ASCA National Model.

Sandy Hamrick, School Counselor and CCS RtI Coordinator, Cleveland County Turning Point Academy,

Jennifer Stimpson, School Counselor, Washington Elementary School

1:50-3:00pm

Grandover West

Elementary/Middle

47 Child Sexual Abuse: What Professional School Counselors Should Know

This topic will cover possible signs and symptoms that can help identify a child who has possibly experienced sexual abuse, developmental stages of children and adolescents, reporting laws and ideas to help implement a sexual abuse prevention program as a part of your Comprehensive School Counseling Program.

Rachel L. Hawkins, Graduate Student, Appalachian State University

1:50-3:00pm

Guilford F

Elementary/Middle/High

48 Newest Pirates Set Sail

Freshmen often feel that they are adrift in the sea of high school, being overcome by the waves of new academic and social challenges. The tough transition to high school was eased for the newest Pirates at Riverside High School through a series of bi-monthly, interactive assemblies addressing topics such as post-secondary planning, anti-bullying and community involvement.

Gwen D. Roulhac, School Counselor, Renee Hango, School Counselor and Taheera Blount, School Counselor Riverside High School

1:50-3:00pm

Guilford G

High

49 Use Data to Claim your Turf

Want to stake your claim in the career and college planning arena? The new Professional Center at CFNC.org provides easy access to data from the student portfolio, reporting options for assessment results, top 40 careers, college applications, and more. This data connects counselors and the counseling program to student success!

Amy W. Samek, Training Director, UNC General Administration, CFNC Resource Center

1:50-3:00pm

Oak

Middle/High

50 Teen Anger: A Comprehensive Approach to Teaching Adolescents Anger Management

With the problem of teen anger growing at high schools across the nation it is more important than ever before that teens learn to cope and channel their anger appropriately. This interactive presentation will examine anger management and incorporate coping skills and strategies in both individual and group counseling.

Raychelle Cassada Lohmann, School Counselor and Author, Hilton Head Island High School

1:50-3:00pm

Pebble Beach

High/Post Secondary

50 Read All About It! Integrating Book Clubs with Small Group Counseling

Book Clubs are a useful tool that can be implemented during small group counseling opportunities for upper elementary aged students. Information about the implementation of book clubs at one school will be provided, along with useful literature selections, discussion ideas, and activities surrounding the literature.

Kelsy Felton, School Counselor, Hilburn Drive Elementary School

1:50-3:00pm

Tidewater

Elementary

51 A Dummies Guide to Collecting Data

Participants will receive easy and practical tools to collecting meaningful data. Internet tools as well as the old fashioned paper and pen methods will be presented. In a time when counselors need to justify their roles more than ever this workshop will also explore WHAT data is meaningful and how to present the data to stakeholders. Principals, superintendents, and school board members' insight will also be presented.

Christina Welch, School Counselor, Mabel

1:50-3:00pm

Victoria A

Elementary/Middle

52 Fun with 504s

Using empirical evidence, the long-term implications of retention on student achievement will be discussed. Counselors play a pivotal role in identifying student needs and coordinating the necessary efforts to provide interventions for student success. A systematic process for appropriately identifying retention candidates will be reviewed. In addition, communication tools that identify the academic and non-academic reasons behind lack of achievement in retention candidates will be described. Strategies to encourage "buy-in" from invested parties will also be offered.

Heidi N. Schuldt, School Counselor, Chatham Middle School

1:50-3:00pm

Victoria B

Elementary/Middle/High

Program Session #3: Thursday, November 4, Extended 1:50-4:00

53 Creating an Environment to Facilitate Male Student Success!

This session is designed to equip participants to effectively address the needs of male students who have the ability but lack the desire to do well in school. Through the power of group dynamics, we've discovered keys to turn peer pressure into an asset which increases the likelihood of their success.

Juan S. Cherry, GEAR UP Coordinator, Shelby High School and Haywood Homsley, School Counselor, Township Three Elementary School

1:50-4:00pm

Guilford D

Elementary/Middle

54 How to Handle Puppet Drama

Learn how to effectively use puppets to teach character education, social skills, and conflict resolution. Topics include getting started, identifying lead and host puppets, simple puppet scripts, the use of voice, best staging practices, easy to make puppets and puppet theaters for adults and students, common problems and puppetry resources.

Kathie S. Guild, School Counselor, McDougle Elementary School

1:50-4:00pm

Sandpiper

Elementary

Program Session #4: Thursday, November 4, 3:20-4:30

55 Equipping Students to Provide Emotional First Aid to their Peers

Students are the first responders when their peers experience an emotional crisis. The attitude and approach of a student may determine whether that student seeks help. This workshop will examine what students need to know and the skills they need to help their peers in the midst of crises.

Dr. Edward E. Moody, Jr., Professor and Chair, NC Central University

3:20-4:30pm

Arrowhead

High

56 Meaningful Career Lessons for Elementary

Energize your career lessons with career paths that show young students the possibilities for the future based on their present interests, with career clusters through a variety of activities, and with the knowledge of counselor-created games. Reproducible handouts.

Arden, L. Martenz, Retired School Counselor and President, Marco Products

3:20-4:30pm

Victoria C

Elementary

57 Teens, Trends and Prevention: It CAN be Done!

The “work in progress” adolescent brain makes teens vulnerable to substance abuse. This workshop will equip participants with the knowledge, skills, and strategies necessary to challenge social norms and teach prevention skills to challenging teens. It will also identify characteristics of adolescent development focusing on the latest brain research.

Regina H. Birrenkott, Senior Director-Prevention Programs, Mendez Foundation

3:20-4:30pm

Auditorium 2

Middle/High

58 Connecting with Students by Plugging into Technology!

Wouldn't you like to use the latest technology, while connecting with your students? Explore interactive websites and new features. Enhance your communication and interaction with parents, students and staff. There are infinite possibilities!

Andrea J. Burston, School Counselor, Brentwood Elementary School

3:20-4:30pm

Auditorium 3

Middle

59 Feeling Stressed? Eat Pizza

It's not magic, but this presentation will make identifying and managing stress as easy as eating pizza. Explore five areas of development that can reduce stress and lead to a more productive life. This stress-free presentation is approved for the lactose intolerant!

Bill Keese, School Counselor, Holy Trinity Catholic Middle School

3:20-4:30pm

Auditorium 4

Elementary/Middle/High

60 Legislative Update for School Counselors

NCSCA Government Relations Co-Chairs, along with NCSCA Lobbyist will provide information regarding current bills and other legislative issues affecting school counselors in North Carolina. Participants will be able to present concerns to the lobbyist and ask questions about the legislative process. Training on effective advocacy for school counselors will also be provided.

Stephen Kennedy, School Counselor and NCSCA Government Relations Co-Chair, Northeast Guilford High School, Cecil Coates, Dean of Students and NCSCA Government Relations Co-Chair, Millbrook High School and Gene Causby, NCSCA Lobbyist

3:20-4:30pm

Augusta

All Levels

61 Humor, A Counselor's Best Tool for Teaching Students

How can you be sure students are retaining information when you do classroom or group presentations? The answer...use humor. Participants will learn how to use humor in their own guidance program to teach students and to have fun doing it.

Lil S. Wells, SAP Counselor, Athens Drive High School

3:20-4:30pm

Biltmore

High

62 Rocky Road, Banana Splits? Which small group is for you?

This workshop will help counselors make small groups an integral part of their school counseling program. Some topics will include: Why do small groups? What type of groups should I do? Scheduling for groups? Come to find out the keys to successful small group counseling! Handouts will be provided.

Anne M. Caudill, M.Ed., N.B.C.T., School Counselor, Laurel Hill Elementary School

3:20-4:30pm

Cedar

Elementary

63 College Application Week: Proven Strategies Designed to Ensure a Successful Event

This interactive session will feature grassroots strategies and best practices that can be used at any high school, large or small, to ensure a successful College Application Week (CAW). Counselors who have hosted the event since its inception as well as staff from CFNC will discuss strategies that have been used to successfully engage students and parents in this important college access activity. Conference participants will also be asked to share their experiences with CAW. If you haven't registered to host an event yet, the session presenters will show you how.

Vanessa G. Barnes, College Access Coordinator and School Counselor, Greene Central High School, Amy Samek, Training Director, CFNC Resource Center

3:20-4:30pm

Grandover East

High

64 Character Education through the Lens of a Pet Responsibility Program

In Moore County, a well-received Pet Responsibility Program of Fourth Graders, taught by knowledgeable volunteers, strengthens the school's Character Education program by focusing on Kindness, Perseverance, Respect and Responsibility within the context of caring for and about the animals that share our homes and our lives.

Angela P. Zumwalt, Co-Chair for Pet Responsibility Committee, Pamela Partis, Co-Chair for Pet Responsibility Committee, Moore County

3:20-4:30pm

Grandover West

Elementary

65 Global Exchange for Youth: Identifying and Maximizing Opportunities for Students

Help your students gain a maturing and life changing experience that will make them stand-out to colleges. Learn about the various types of high school study abroad programs, including scholarship opportunities, and how to incorporate study abroad into a high school career. Discover study abroad is much more than travel!

Terri L. Frid, Parent, Guilford County Schools, John Luecke, Associate Professor, High Point University, Erika Olson, School Psychologist, Guilford County Schools

3:20-4:30pm

Guildford F

Middle/High

66 Summer Ventures in Science and Mathematics-Prepare your Students for Success

SVSM is a cost-free UNC-sponsored four-week STEM program for high potential, high achieving rising juniors and seniors statewide. A highly immersive research experience, acceptance is highly competitive. This session will give tips to prepare your students for the application process and to ensure their greatest potential for selection and success.

Darlene L. Haught, State Coordinator, Summer Ventures in Science and Mathematics, NC School of Science and Math

3:20-4:30pm

Guildford G

High

67 Learn to Improve your Counseling Program by Using RtI Data

School counselors can improve their counseling program by using RtI and EOG data. Learn how to look at the data and what to look for so that you can better help your students. This session includes information on creating an academic based motivational small group for 3rd through 5th graders.

Melissa Kline, School Counselor, Bethel Elementary School

3:20-4:30pm

Oak

Elementary

68 Organization, Responsibility and Middle School Students: A SUCCESS Story!

Sixth grade students are learning organizational skills, gaining self-confidence about academics and developing a peer supported culture of responsibility for academic success. The school counselor and literacy coach facilitate student efforts by creating a fun, encouraging environment before school. A medical theme (O.R.=operating room) brings humor and a sense of adventure to a positive academic endeavor. Come look at our data and see how our students are improving academically!

Jennifer E. Lombard, School Counselor, Turrentine Middle School, Nancy Huskins, Exceptional Childrens' Teacher, Garrett Park Elementary School

3:20-4:30pm

Pebble Beach

Middle

69 Connecting: Creative Elementary Classroom Guidance Lessons

This presentation will provide you with numerous hands on activities, interactive games, and other techniques to utilize in guidance lessons. Your interactions with the students will be more interactive for the entire classroom, and your lesson themes more memorable. Many lessons are easily adaptable for different age levels.

Dena M. Nigrelli, School Counselor, Oakwood Elementary School

3:20-4:30pm

Tanglewood

Elementary

70 Click CFNC.org. Connect Latino Students to Success, College and Careers

This session will focus on ways educators and advocates may use free resources from CFNC.org, CFNC Spanish Services and other non-profit organizations to connect Latino students to college and careers. The session will also address barriers Latino students may face and ways to help students overcome them.

Donna L. Weaver, Spanish Services Coordinator, College Foundation of North Carolina

3:20-4:30pm

Tidewater

Middle/High

71 Understanding and Addressing Adolescent Grief Issues

They are not children or adults. Adolescents make up a group of unique grievers who require a unique approach. This session will provide a fundamental overview of adolescent grief and issues unique to adolescents. Participants will learn how to help adolescents whose lives are disrupted by the death of someone they love, know, and care about.

David A. Opalewski, Central Michigan University, Grief Recovery, Inc.

3:20-4:30pm

Victoria A

Middle/High

72 Using Serious Gaming to Positively Change Social Attitudes and Behaviors

If only you could use video games to reach your students. Guess what... the latest research shows that video games for education (serious games) may be the best way to engage and positively change attitudes and behaviors. Views proven-effective examples and explore the independent research studies done on their effectiveness.

David R. Versaw, CFO, WILL Interactive, Inc.

3:20-4:30pm

Victoria B

All Levels

Program Session #5: Friday, November 5, 8:30-9:40

73 Confronting Death in the School Family

This presentation is created to help schools handle a tragedy with honesty and compassion. It includes information schools need to assemble and train a crisis team, including checklists for specific crises, procedures and more. We cannot fix a tragedy, but when properly handled we can grow from it.

David A. Opalewski, Central Michigan University, Grief Recovery, Inc.

8:30-9:40am

Grandover East

All Levels

74 No Boys Left Behind-Effective & Ineffective Discipline

Within the structure of today's schools, it is often difficult to format a setting where boys not only survive, but succeed and thrive. As school counselors and other school personnel, it is more important than ever to reach this greatly at-risk demographic. From Kindergarten through Senior Year, this presentation examines the role of counselors in discipline, effective and ineffective practices, and welcomes the expertise and interaction of the audience.

Ashley Witt, School Counselor, Pisgah Forest Elementary School, Megan Monk, Former Teacher, Transylvania County Schools, Erin Shelton, School Counselor, West Rowan High School

8:30-9:40am

Tidewater

All Levels

75 G.R.I.P.E. SESSION (Great Resources and Interventions for Professional Educators)

Tired of listening to others gripe? Here's your chance to vent frustrations about school wide interventions and programs that simply don't work. You will also hear about how the school counselor's role in programs such as Advancement Via Individual Determination (AVID) and Positive Behavior Support (PBS) can increase opportunities and promote academic growth.

Valerie L. Nelson, School Counselor, West Lee Middle School

8:30-9:40am

Pebble Beach

Middle

76 Mattering: What Matters to Adolescents Contemplating Suicide?

In the last year, the media has highlighted several adolescent suicides citing bullying, parental neglect/abuse, and substances as culprits. Are we missing deeper themes in these stories that could help us address similar struggles of teens in our schools? A majority of adolescents consider suicide, but only a percentage complete the act. Why?

Elizabeth G. Graves, Doctoral Student, University of North Carolina at Greensboro

8:30-9:40am

Colony A

Middle/High

77 "GRADUATING?" NOT ME! I HATE SCHOOL!"

When you walk down the hall or stand in the lunchroom, you hear more and more conversations with those words as early as 2nd grade. This workshop will provide hands on and interactive tools that counselors and student support professionals can use with teachers and students. Attitudes from home, the community, and school determine if this decision becomes a reality. Learn strategies that will change this conversation!

John L. Reimer, President, NC Dropout Prevention Association

8:30-9:40am

Grandover West

Elementary/Middle

78 District Supervisors Sharing Session

The session is designed as a time when District Supervisors can share best practices and practical applications of researched based models of comprehensive school counseling programs. Participants are asked to bring any handouts and be prepared to share or learn about system-wide initiatives being implemented in our state.

Dr. Marrius Pettiford, Director Student Support Services, Alamance County

8:30-9:40am

Victoria B

District Supervisors/Administrators

79 Realities of Retention: Providing Wrap-Around Supports to Retained and Transient Students

Using empirical evidence, the long-term implications of retention on student achievement will be discussed. Counselors play a pivotal role in identifying student needs and coordinating the necessary efforts to provide interventions for student success. A systematic process for appropriately identifying retention candidates will be reviewed. In addition, communication tools that identify the academic and non-academic reasons behind lack of achievement in retention candidates will be described. Strategies to encourage "buy-in" from invested parties will also be offered.

Sarah S. Barbour, School Counselor, Fox Road Elementary School

8:30-9:40am

Victoria C

High

80 Successful Transitions for Students in Foster Care

Students placed in foster care are faced with changing homes multiple times in addition to the demands of navigating “normal” developmental issues. This session explores ways counselors can assist these students in developing strategies that will allow them to be successful academically while coping with changing home and school environments.

Ashley D. Warlick, Graduate Student, Gardner Webb University, Dr. Linda C. Greene, Associate Professor, Gardner Webb University, Dr. Laura W. Smith, Professor, Gardner Webb University

8:30-9:40am

Cedar

Elementary/Middle/High

Program Session #6: Friday, November 5, 10:00 - 11:10

81 Reach Every Military Child in North Carolina: Educate and Empower

This presentation will provide useful information for educators who work with military connected students who attend schools throughout the state of North Carolina. Participants will receive handouts, resources, and information about laws, policies, and memoranda that assist in ensuring academic success for students of service members.

Shevelle Godwin, School Liaison Officer, US Army and Emily C. Grimes, School Liaison Officer, US Army

10:00-11:10

Auditorium 2

Elementary/Middle/High

81 Answering the Cry for Help

This presentation provides practical information about suicide, understanding the suicidal person, and how to work with a potentially suicidal adolescent. A para-medical assessment of suicidal risk will be presented as well as facts and myths about suicide.

David A. Opalewski, Central Michigan University, Grief Recovery, Inc.

10:00-11:10am

Grandover East

Middle/High

82 Bibliotherapy from A to Z

Come explore the world of bibliotherapy. Learn how to use books to inspire your students. Return to your school with simple and fun lesson plans about bullying, gossip, and person space. Examine the benefits of using bibliotherapy as a way to empower students in all areas of life-academic, career, and personal/social development.

Elizabeth A. Gillespie, Communications Coordinator, NC Center for the Advancement of Teaching

10:00-11:10am

Tidewater

Elementary

83 Beyond Medication for ADHD, Autism, Asperger's, and other Disabilities

Medication isn't the only choice for improving behavior symptoms of students with ADHD, Autism, Asperger's and other disabilities. Educate yourself and then share with others why alternatives to medication for behavior issues just might be the better option.

Christine Ziemba-Tolbert, School Counselor, Caldwell Career Center Middle College, Appalachian State University, North Lincoln Middle School

10:00-11:10am

Pebble Beach

All Levels

84 Healing Words: Helping Children Cope with Grief

Children who have experienced the death of a family member or other significant person in their lives need the opportunity to work through feelings of grief and loss. This presentation explores the uses and benefits of storytelling, journaling, books and other media resources as a component of providing counseling support.

Julia C. Turner, Medical Social Worker, Interim Healthcare Hospice

10:00-11:10am

Colony A

Elementary/Middle

85 Communicating with Attitudes: Keeping Kids in School

Keeping kids in school and not on the streets is a communicating with attitudes issue. Data gathered from 350 dropouts illustrates the role attitudes played in their ultimate decision to dropout. This interactive and dynamic presentation is a no-nonsense presentation that explores tools and strategies that dropouts tell us work, and how their futures can be enhanced with a creative approach to learning. Learn the tools the counselors' toolbox that give students options for the future and an image of the future might look like.

John L. Reimer, President, North Carolina Dropout Prevention Association

10:00-11:10pm

Grandover West

All Levels

86 Grappling with the Transition from Graduate Student to Professional

Transitioning from student to professional can be daunting, but it doesn't have to be this way. A panel of students and professionals will answer questions, share their insights on the job market, job acquisition and other helpful tips that can ease the transition. Graduate students please join us in discussion.

Cory D. Notestine, School Counselor, T. Wingate Andrews High School

10:00-11:10am

Victoria B

Graduate Students

87 Combating Compassion Fatigue

Compassion Fatigue happens when counselors become overwhelmed with treating traumatized clients. This presentation will focus on how compassion fatigue affects school counselors, including discussion of risk assessment and prevention. Strategies for recovery and re-energizing oneself will be offered.

Robert Lodwick, Graduate Student, Gardner Webb University

10:00-11:10am

Victoria B

Elementary/Middle/High

88 Elementary Student Ambassador Program Developing 21st Century Skills

What exactly is a student ambassador program? How can I incorporate 21st century skills into creating this program? These are questions I was asking a year ago. Don't reinvent the wheel. Learn how to set up a student ambassador program in your elementary school. Handouts will be provided.

Robin Sumner, School Counselor, East Franklin Elementary School

10:00-11:10pm

Cedar

Elementary/Middle/High

Interest Level Sessions: Friday, November 5, 11:30 – 12:40

Elementary *"Counselor's Survival Kit"*

In Julia's presentation, *Counselor's Survival Kit*, she'll use common objects to give both school counselors and educators tips on how to navigate each and every day successfully. A simple item—such as a toothpick—helps remind you to “pick” out the good qualities in everyone...including yourself. What about a “tissue”? A tissue helps remind you to dry someone's tears, maybe your own, and be aware of the tears of others. You'll laugh and learn as Julia shares her stories and the many insightful tips in her *Educator's Survival Kit*.

Julia Cook, Author

Guilford E

Middle “Who Are You and Who Are You Serving? Professional School Counselors in the 21st Century”

Listen to first-hand accounts from students, parents, staff and other educational constituents to examine the essentiality of professional school counselors in the 21st century. In this session participants will gain a deeper understanding of SEL (social emotional learning), examine their own professional dispositions and obtain strategies to reach all children and “celebrate student achievement”.

Karen Meadows, K-8 Counseling Supervisor, Guilford County Schools

Guilford F

Secondary “Adolescent Mental Health: Current Status and Critical Next Steps for Schools”

Statistics, trends, current research on adolescent mental health; how to recognize mental health problems in students; what school counselors can and should do in response to identified need for mental health services; how school counselors can support adolescents who are receiving treatment; why so few adolescents actually receive treatment.

Dr. Joelle Powers, Assistant Professor, UNC Chapel Hill

Guilford G